

## HEALTH PROMOTION 2023-Current

University of South Alabama – College of Education and Professional Studies - Department of Health, Kinesiology and Sport

<b><u>GENERAL EDUCATION (48 Hours)</u></b>	<b>Grade</b>	<b>Hours</b>
<b>Area I - Written Composition (2 Courses, 6 Hours)</b>		
EH 101 English Composition I	_____	3
EH 102 English Composition II	_____	3
<b>Area II - Humanities and Fine Arts (4 Courses, 12 Hours) (Sequence required in either English (EH) or History (HY))</b>		
CA 110 Public Speaking	_____	3
One course from EH 215, 216; 225, 226; 235, 236	_____	3
One course from: ARH 100, 103, 123; ARS 101; DRA 110; MUL 101	_____	3
One course from EH 215, 216; 225, 226; 235, 236 or advisor approved humanities or fine arts elective.	_____	3
<b>Area III - Natural Science and Mathematics (3 Courses, 11 Hours)</b>		
One course from: MA 110, 112, 113, 115, 120	_____	3
One courses from (including lab): BLY 101, 121; CH 101, 103, 131, 132; GEO 101, 102; GY 111, 112; PH 101, 104, 114, 115, 201, 202	_____	4
One courses from (including lab): BLY 102, 122; CH 101, 103, 131, 132; GEO 101, 102; GY 111, 112; PH 101, 104, 114, 115, 201, 202	_____	4
<b>Area IV - History, Social and Behavioral Sciences (4 Courses, 12 Hours) (Sequence required in either English (EH) or History (HY))</b> <i>(Students will only receive credit for 2 history courses.)</i>		
One course from HY 101, 102; HY 121, 122; HY 135, 136	_____	3
Two courses from: AN 100, 101; ECO 215, 216; GEO 114, 115; PSC 130; PSY 120, 250; SY 109, 112	_____	3
	_____	3
One course from: AN 100, 101; ECO 215, 216; GEO 114, 115; HY 101, 102, 121, 122, 135, 136; PSC 130; PSY 120, 250; SY 109, 112	_____	3
<b>Health/Physical Education (2 Courses, 4 Hours)</b>		
KIN 100 Concepts of Health and Fitness	_____	3
PE 101-157 PE Activity Course	_____	1
Elective 100-499	_____	3
<b><u>PROFESSIONAL STUDIES (18 Hours)</u></b>		
KIN 475 Organizations and Administration in Health and Physical Education (W) <i>(Satisfies University Writing Requirement)</i>	_____	3
KIN 495 Internship	_____	9
RTH 471 Evaluation and Research in Leisure HKS (W) <b>OR</b> SM 472 Legal Issues in Sports and Recreation (W) <i>(Satisfies University Writing Requirement)</i>	_____	3
ST 210 Stat Reason and Application	_____	3
<b><u>HEALTH PROMOTION MAJOR (54 Hours)</u></b>		
BMD 110 or 251 Human Anatomy and Physiology I	_____	4
BMD 111 or 252 Human Anatomy and Physiology II	_____	4
HS 170 First Aid	_____	1
HS 262 Personal Health	_____	3
HS 351 Safety Education	_____	3
HS 361 School and Community Health Implications for Curriculum	_____	3
HS 362 Drug Education	_____	3
HS 475 Public Health	_____	3
HS 463 Human Sexuality	_____	3
KIN 201 Orientation to Health and Physical Education	_____	3
KIN 263 Intro to Nutrition	_____	3
KIN 278 Sport and Human Behavior	_____	3
KIN 380 Kinesiology <b>OR</b> KIN 474 Sport and Fitness Conditioning <b>OR</b> KIN 476 Exercise Physiology	_____	3
KIN 461 Physical Education for Atypical Child/Youth <b>OR</b> SPE 400 Education for Exceptional Child/Youth <b>OR</b> IST 210 Intro to Disability	_____	3
<b>12 Hours of Advisor Approved Electives from:</b>		
ACC, BLY, BMD, BUS, CH, CLS, ECO, EMS, FIN, HS, KIN 231-499, MA, MGT, MKT, PH, PSY, RTH, SM, ST, or SY		
Elective	_____	3
Elective	_____	3
Elective	_____	3
Elective	_____	3
<b>Total Hours</b>		<b>120</b>

Revised 5/2/23

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### University and College Requirements:

**Writing Requirement** – The University requires that a candidate for graduation must have completed two designated writing credit courses at USA, with at least one course chosen from offerings in the candidate’s major or minor. Courses meeting this requirement are designated with a (W) after the course title in the “Courses” section of the University Bulletin. Individuals who transfer in credit to substitute for a course(s) designated as a (W) course must meet the writing requirement by taking a (W) course(s) at USA.

**Transient Approval** – Students must have prior approval (obtained in the Advising Center) to enroll as a transient student at another institution. A maximum of 64 semester hours may be accepted from a two-year institution.

**Residency Requirement** – A candidate for graduation must complete a minimum of 25 percent of the credit hours required for the degree through instruction offered by the University of South Alabama in upper-division course work (300 and 400 levels).