



Health Promotion

Accelerated Masters of Science Program



UNIVERSITY OF
SOUTH ALABAMA

Program of Study

The program emphasizes the identification of health-related needs, promotion of healthy communities, and the development of health strategies, activities, and services.



- An important goal of the Master of Science in Health degree is to develop students who will be qualified for leadership positions in health professions in the public and private sector that effectively achieve the outcome of improved health.
- <https://www.southalabama.edu/colleges/ceps/hks/grad-health-nonteach.html>

Required Course Work

18 Credit Hours

- **IDE 510-** Educational Research and Evaluation
- **KIN 505-** Reading, Writing and Research in Health, Kinesiology, and Sport
- **HS 510-** Current Health Issues
- **KIN 563-** Nutrition
- **HS 565-** Community Health
- **KIN 595-** Internship (Cannot be completed in your first semester of study and is preferred to be taken in final semester of attendance).

Elective Options

12 Credit Hours (4 Courses) Required

The list below are the encouraged list of electives for the program

- **KIN 500-** Administration and Supervision in HPE (Online)
- **KIN 506-** Curriculum in HPE (Online)
- **KIN 516-** Exercise Physiology (Campus and Online)
- **KIN 521-** Motor Learning (Online)
- **KIN 562-** Biochemical and Molecular Aspects of Exercise and Nutrition
- **KIN 574-** Strength and Conditioning
- **KIN 594-** Directed Study

*Electives may from the HKS Department (KIN, SM, HS), CEPS (ie. IDE, EDU, EDM, EPY, SPE), or other colleges across campus but **must be approved, in advance**, by your academic advisor.

Comprehensive Exam

*During the second to last semester, students must register for graduation.

*During the final semester of the program students must register for the comprehensive exam.

*The purpose of the comprehensive exam is to assess knowledge gained throughout the entirety of the program. The comprehensive exam will contain four content questions from the courses you completed during your time in the program. The questions, which will be completed in essay form, must be answered and supported with research/ theory garnered from your coursework in those areas. Students have four hours to complete the comprehensive exam. The exams will then be scored by assigned instructors for the courses in a pass/fail format.

Master of Science- Health Accelerated One Year Plan

We recommend the following progression:

Year 1		
Fall	Spring	Summer
KIN 505 (Online) HS 510 (Online) HS 563 (Online) KIN, HS Elective	IDE 510 (Online) KIN, HS Elective KIN, HS Elective	HS 565 (Online) KIN, HS Elective KIN 595- Internship (125 hours)
*Some Elective Courses Available		
Fall	Spring	Summer
KIN 521- Motor Learning (Online)	KIN 500- Administration and Supervision in HPE (Online)	KIN 506- Curriculum in HPE (Online)
KIN 516- Exercise Physiology (Campus, Online)	KIN 562-Biochemical and Molecular Aspects of Exercise and Nutrition	EDM 510- Microcomputing Systems (Online)
KIN 594- Directed Study	KIN 594- Directed Study	KIN 574- Strength and Conditioning (Campus)
	KIN 595- Internship	KIN 594- Directed Study
		KIN 595- Internship

