

Burn Propranolol* Initiation Guide

ALRBC

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OVERVIEW

Assess TBSA

Indications

- >20% TBSA
- Post resuscitation, ~day 2-3
- Hyperdynamic (tachycardic not related to hypovolemia or pain)

Orders

- 10mg PO BID
- Titrated until HR <120, or 20% reduction of resting heart rate

Consider weaning as HR normalizes, patient's burn closes

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About Propranolol:

Beta blocker

Works by decreasing energy expenditure and muscle catabolism.

It improves wound healing.