

Traumatic Friction Burns “Road Rash”

9/15/2022
acb

Superficial



- Exam: brisk blanching
- Daily soap & water cleanse
- Antimicrobial oints, e.g. bacitracin
- Non-stick dressings e.g. telfas
- OT/PT to assure full ROM
- Place orders / instructions
- Follow-up w primary team

Steps:

- Lund & Browder & TBSA, upload in cerner images
- Photos of sites, upload to cerner
 - Order: daily nursing care
 - Order: scheduled topicals
 - Order: pre-albumin, nutrition
- Burn consultation for advanced wounds not under surgical care (pls add to burn list on weekend)
- At Discharge, appt. with burn team at SRC on Tues & Thurs

Indeterminate



- Exam: poor blanching
- Daily soap & water cleanse
- Consider early OR to control contamination, remove necrosis
- Ointment option: collag/bactro 1:1, nickel thick (plan to wean)
- Absorptive dressings (e.g. Sofisorb)
- OT/PT to assure full ROM
- Burn team available advice/consult

Full thickness, Multi Site, Large, Infected

- Exam: non blanch, dead tissue, exposed tendons
- Swab cultures of the wound
- Consider early OR to control contamination
- Daily CHG cleanse
- Topical: ¼ Dakin's or sulfa/nystatin wring-outs q8 or 12
- Non-stick absorptive dressings (Sofisorbs)
- Broad-spectrum antibiotics for infections/cellulitis
- Nutrition consult, consider supplemental feeds
- Consider ICU care if needed to do proper wound care
- OT/PT to assure full ROM
- Consult burn team with operative planning

