



Photo by Michael Lugenbuehl, Pond5

## FOOD DESERTS

A central problem that *The Good Food Revolution* and his organization **Growing Power** hopes to solve is a phenomenon called food deserts. **Food deserts are locations in which access to both grocery stores and nutritious food is limited, if not non-existent.** These spaces primarily exist in impoverished urban areas where the only access to affordable food consists of corner stores selling processed food or fast food restaurants serving high-calorie options, leading to obesity and other health problems. According to Allen, poor urban planning, gentrification, and the rise of mass-produced foodstuffs have all contributed to a growing health crisis that unequally affects minorities and the working poor across the United States.

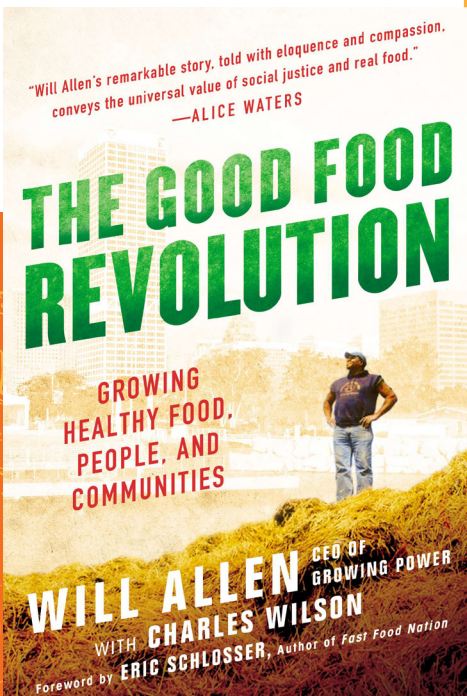
## WHAT DOES A FOOD DESERT LOOK LIKE IN YOUR COMMUNITY?



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**“DURING THE 1970S & 1980S, HUNDREDS OF GROCERY STORES CLOSED IN OTHER AFRICAN AMERICAN NEIGHBORHOODS THROUGHOUT THE U.S. AS PART OF A TIDE OF URBAN DISINVESTMENT.”**

## HOW DO FOOD DESERTS IN THE U.S. CONTRIBUTE TO SOCIAL INEQUALITY AND HEALTH-RELATED ISSUES?



USA COMMON READ/COMMON WORLD  
2024/25 BOOK SELECTION:

## THE GOOD FOOD REVOLUTION

*GROWING HEALTHY FOOD, PEOPLE, AND COMMUNITIES*

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